



WEEK 1

W/C: 30/10, 20/11, 11/12, 01/01, 22/01, 12/02, 04/03, 25/03

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza ♻️ Served with Potato Wedges	Classic Beef Burger Served with Potato Wedges	Roast Chicken Served with Roast Potatoes and Gravy	Beef Bolognese ♻️ Served with Wholewheat Pasta and Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
	Stir Fried Vegetable Rice ♻️ Served with Potato Wedges	Vegetarian Burger ♻️ Served with Potato Wedges	Vegetable Pastry Roll ♻️ Served with Mashed Potato and Gravy	Vegetarian Bolognese ♻️ Served with Wholewheat Pasta and Garlic and Herb Bread	Crispy Quorn Nuggets ♻️ Served with Chips
JACKET POTATO	Jacket Potatoes ♻️ with a choice of hot and cold fillings	Jacket Potatoes ♻️ with a choice of hot and cold fillings, including Salmon Mayonnaise 🐟	Jacket Potatoes ♻️ with a choice of hot and cold fillings	Jacket Potatoes ♻️ with a choice of hot and cold fillings	Jacket Potatoes ♻️ with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta ♻️					
All main meals are served with two vegetables					
DESSERT	Ice Cream	Crispy Crackle Bar with Fruit 🍏	Carrot, Orange and Sultana Slice 🍏	Pineapple Upside Down Cake with Custard	Original Flapjack

PACKED LUNCH AVAILABLE
Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

♻️ Vegetarian 🐟 Oily Fish 🌾 Wholegrain
🍏 Fruity! ❤️ Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.



WEEK 2

W/C: 06/11, 27/11, 18/12, 08/01, 29/01, 19/02, 11/03

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza   Served with Potato Wedges	Turkey Con Chilli   Served with Wholegrain Rice	Roast Beef Served with Roast Potatoes and Gravy	Sausage Pasta Bake  Served with Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
	Vegetarian Cottage Pie   Served with Gravy	Macaroni Cheese 	Cheesy Leek and Carrot Crumble   Served with Roast Potatoes and Gravy	Vegetarian Sausage Pasta Bake   Served with Garlic and Herb Bread	Crispy Quorn Nuggets  Served with Chips
JACKET POTATO	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta  					
All main meals are served with two vegetables					
DESSERT	Strawberry Ice Cream	Crunchy Chocolate Biscuit	Chocolate and Vanilla Marble Cake	Apple Crumble with Custard 	Chocolate Shortbread with Fruit 

PACKED LUNCH AVAILABLE
Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

 **Vegetarian**  **Oily Fish**  **Wholegrain**
 **Fruity!**  **Nutritionist's Choice**

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.



WEEK 3

W/C: 13/11, 04/12, 25/12, 15/01, 05/02, 26/02, 18/03

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza ♻️ 🌱 Served with Potato Wedges	Cottage Pie 🍷 Served with Gravy	Roast Pork Served with Roast Potatoes and Gravy	Chicken and Vegetable Korma 🌱 🍷 Served with Wholegrain Rice	Southern Fried Chicken Served with Chips
	Chilli No Carne with Crispy Tortilla ♻️ 🌱 🍷 Served with Wholegrain Rice	Cauliflower Macaroni Cheese ♻️ 🌱 🍷 Served with Garlic and Herb Bread	Sweet Potato and Chickpea Roast ♻️ 🍷 Served with Roast Potatoes and Gravy	Sweet and Sour Vegetables ♻️ 🌱 🍷 Served with Wholegrain Rice	Crispy Quorn Nuggets ♻️ Served with Chips
JACKET POTATO	Jacket Potatoes 🍷 ♻️ with a choice of hot and cold fillings	Jacket Potatoes 🍷 ♻️ with a choice of hot and cold fillings	Jacket Potatoes 🍷 ♻️ with a choice of hot and cold fillings	Jacket Potatoes 🍷 ♻️ with a choice of hot and cold fillings	Jacket Potatoes 🍷 ♻️ with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta ♻️ 🌱					
All main meals are served with two vegetables					
DESSERT	Magic Apple and Cinnamon Bake 🍏	Chocolate Ice Cream with Shortbread Biscuit	Orange Drizzle with Fruit 🍊	Vanilla Sponge with Custard	Strawberry Jelly

PACKED LUNCH AVAILABLE
Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

♻️ Vegetarian 🐟 Oily Fish 🌱 Wholegrain
🍏 Fruity! 🍷 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.